



GET THE HELP YOU NEED WHEN YOU NEED IT MOST

The Cigna Designated Substance Use Treatment Provider program for Morgan Stanley is here to help.

Some of life's challenges need extra help, especially if you or a loved one are coping with substance use disorder. As part of your health plan administered by Cigna, you have coverage to get the assistance you need to deal with substance use challenges. This includes treatment at a health care facility for substance use disorder.

Choosing the right health care facility is an important decision. To help you and your treating provider make this decision, Cigna has identified in-network providers that provide quality, cost-effective care.

Note: As part of your Morgan Stanley behavioral health benefits, if you use a Cigna Designated Substance Use Treatment Provider, the plan will pay 100% of eligible expenses after the deductible is met.

These Designated Substance Use Treatment Providers have met certain Cigna measures, based on these factors:

- Available substance use disorder treatment programs:* inpatient, residential, partial hospitalization and intensive outpatient
- Annual admission and readmission data
- Cost data

Did you know?

Some health care facilities offer special treatment programs designed for first responders, adolescents, women-only and those with chronic pain. Some have unique treatment options, including music therapy, yoga, equine therapy and art therapy.**



Questions? We're here to help.

Contact us if you need more information.

Just call the number on the back of your Cigna ID card.

For a list of Cigna Designated Substance Use Treatment Providers, please see the chart on this back of this flyer.



Together, all the way.®



* All participating facilities provide an inpatient or residential level of care with a step down to a partial hospitalization (PHP) or intensive outpatient program (IOP), which are subject to prior authorization. **The following services are generally not covered:** Services considered to be experimental, investigational and unproven, and non-medical ancillary services including, but not limited to, educational services, custodial services, vocational rehabilitation and counseling services, religious counseling, work-hardening programs; and driver safety programs. This is not a complete list of plan terms and plans may vary. See your plan documents for details of your specific health plan.

** While non-medical ancillary services are generally excluded from coverage under the health plan, they are included with the authorized substance use disorder treatment program provided by the designated providers at no additional expense to the Cigna customer. Boarding expenses offered in regards to covered outpatient programs are available at the customer's expense.



Designated Substance Use Treatment Providers

These in-network health care facilities provide quality, cost-effective care.

PHP = Partial hospitalization
IOP = Intensive outpatient

LOCATION 	FACILITY NAME 	TYPE OF CARE  NOTE: In some cases there are multiple facilities in a state with the same facility name. Please contact the facility to confirm which types of care are offered at that specific location.
California	Action Family Counseling Center	Detox Residential PHP IOP
	Aurora San Diego LLC	Detox Inpatient IOP
	Betty Ford Center	Detox Residential PHP IOP
	Camp Recovery Center	Detox Inpatient Residential PHP IOP
	Cornerstone	Detox Residential PHP IOP
	John Muir Behavioral Health Center	Detox Inpatient Residential PHP IOP
	Sunrise Recovery Ranch	Detox Inpatient Residential PHP IOP
	Valley IOP	PHP IOP
	Valley Recovery Center of California	Detox Inpatient Residential PHP IOP
Colorado	West Pines Behavioral Health	Detox Inpatient Residential PHP IOP
Connecticut	MCCA Midwestern Connecticut Council on Alcoholism	Detox Residential PHP IOP
	Rushford Avon	PHP IOP
	Rushford Center Inc	Detox Inpatient Residential PHP IOP
	Silver Hill Hospital	Detox IOP
Florida	Hazelden Naples	Residential PHP IOP
	Turning Point of Tampa Inc	Residential PHP IOP
Illinois	Alexian Brothers Behavioral Health Hospital	Detox Inpatient Residential PHP IOP
	Linden Oaks	Detox Inpatient PHP IOP
Indiana	Fairbanks Hospital Inc	Detox Inpatient Residential PHP IOP
	Fairbanks Addictions Treatment Center	IOP
Maryland	Pathways Chemical Dependency Program	Detox Inpatient PHP IOP
Massachusetts	Adcare Hospital	Detox Inpatient Residential PHP IOP
	Phoenix House Quincy Center	Detox Inpatient
	Phoenix Houses of New England	Residential PHP IOP
Michigan	Brighton Hospital	Detox Inpatient PHP IOP
Minnesota	Betty Ford Foundation Center	Detox Residential PHP IOP
Nevada	Valley Recovery Center of Nevada-Reno Outpatient	PHP IOP
New Hampshire	Hampstead Outlook	Detox Residential PHP IOP
	Phoenix Houses of New England	Residential PHP IOP
New Jersey	Carrier Clinic	Detox Inpatient Residential IOP
	Recovery Centers of America at Lighthouse	Detox Inpatient Residential PHP IOP
	Sunrise House	Detox Inpatient Residential PHP IOP

This list of providers is subject to change and members should call Cigna to confirm whether the provider is still a designated provider.

LOCATION 	FACILITY NAME 	TYPE OF CARE  NOTE: In some cases there are multiple facilities in a state with the same facility name. Please contact the facility to confirm which types of care are offered at that specific location.
New York	Long Island Center for Recovery	Detox Residential PHP IOP
North Carolina	Pavillon International	Detox Residential PHP IOP
	Wilmington Treatment Center	Detox Inpatient Residential PHP IOP
Oregon	Cedar Hills Hospital	Detox Inpatient PHP IOP
	Hazelden Beaverton	IOP
	Hazelden Springbrook	Detox Residential PHP
Pennsylvania	Bowling Green Brandywine	Detox Inpatient Residential PHP
	Cove Forge Behavioral Health System	Detox Inpatient Residential PHP
	Cove Forge BHS Erie	IOP
	Greenbriar Treatment Center	Detox Residential PHP IOP
	Livengrin Foundation Inc	Detox Residential PHP IOP
	Mirmont Treatment Center	Detox Residential PHP IOP
	New Perspectives at White Deer Run	Detox Inpatient Residential IOP
	White Deer Run	Detox Inpatient Residential PHP IOP
Rhode Island	Adcare Hospital	IOP
	Phoenix House Rhode Island	Detox Inpatient Residential PHP IOP
South Carolina	Pavillon Greenville Outpatient Services	IOP
Tennessee	Cornerstone of Recovery Inc	Detox Inpatient Residential PHP IOP
	Mirror Lake Recovery Center	Detox Inpatient Residential PHP
	Rolling Hills Hospital	Detox PHP IOP
Texas	Right Step	Detox Residential PHP IOP
Vermont	Valley Vista	Detox Inpatient Residential PHP IOP
Virginia	Life Center of Galax	Detox Inpatient Residential PHP
	Mt Regis Center	Detox Inpatient Residential PHP IOP
	Phoenix House Arlington Counseling Center	PHP IOP
	Phoenix House Arlington Girls Residential Center	Residential
	Phoenix House Arlington Men's Recovery & Adolescent Residential Center	Residential
	Phoenix House Arlington Womens Center	Residential
Washington	Lakeside Recovery Center	Detox Residential PHP IOP

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An excellent choice

We evaluate facility patient outcomes and cost-efficiency information annually. Using a star ranking system, a facility may receive up to three stars for health outcomes and up to three stars for cost-efficiency. If a facility earns a total of five or six stars, they are identified as a Designated Substance Use Treatment Provider.



Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a provider. Providers are independent contractors solely responsible for care delivered. They are not agents of Cigna.

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