

CONNECT WITH CARE

In-network behavioral health providers near Morgan Stanley's NYC headquarters

Get the personal attention and help you need to stay happier and healthier. A licensed behavioral therapist can provide care for a range of behavioral health conditions. Behavioral health counseling is covered by your health plan.*

For your convenience, we've created a list of some in-network behavioral health providers near Morgan Stanley's NYC headquarters. These licensed social workers, psychologists and psychiatrists are accepting new patients. Go to myCigna.com to see all in-network providers in the area.

THERAPY 24X7

Bednarz, Jillian, LMHC, MMH	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Crespo, Chavone, LMHC, MS	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Devin, Alexandra, LCAT, MA	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Gibbs, Debra, LCAT, MAT	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anger Management, Anxiety, Evening/Weekend Appointments, Cultural/Ethnic Issues, Depression, Domestic Violence, Gay/Lesbian Issues, Grief/Loss, Panic Disorders, Phobias, PTSD, Telehealth Offered
Given, Deborah, LCSW, MSW	Female	
200 Riverside Blvd Ste 3i, New York, NY 10069	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Gonzalez, Tabitha, LMHC, MS	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Goodstein, Ann, LCAT, MAT	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Gotlib, Efrat, LCSW, MSW	Female	
116 W 23rd St, New York, NY 10011 200 Riverside Blvd Ste 3i, New York, NY 10069 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Kay, Sophie, LMHC, MC	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Marsh, Michelle, LCSW, MSW	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Nelson, Kelda, LCAT, MAT	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Evening/Weekend Appointments, Cultural/Ethnic Issues, Depression, Gender Identity, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered

THERAPY 24X7 (Continued)

Niceley, Kelly, LCAT, MA	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments–Evening, Appointments–Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Polanco, Kiara, LMHC, MED	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments–Evening, Appointments–Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Selinger, Zahavah, LMHC, MS	Female	
200 Riverside Blvd Ste 3i, New York, NY 10069	917.780.2171	Specialties: Anxiety Disorder, Appointments–Evening, Appointments–Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
Taylor, Angelea, LCSW, MSW	Female	
116 W 23rd St, New York, NY 10011 186 Montague St, Brooklyn, NY 11201	917.780.2171	Specialties: Anxiety Disorder, Appointments–Evening, Appointments–Weekend, Cultural/Ethnic Issues, Depression, Fertility Issues, Gay/Lesbian Issues, Grief/Loss, Phobias, PTSD, Sexual Abuse/Incest, Telehealth Offered
THE MIND CLINIC		
Bamji, Dinshaw, MD	Male	
77 Pondfield Rd Ste 1f-5, Bronxville, NY 10708	917.510.3391	Specialties: ADHD/ADD, Anger Management, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Borderline Personality Disorder, Conduct/Disruptive Disorder, Cultural/Ethnic Issues, Depression, Dissociative Disorder, Family Therapy, Gender Identity, Grief/Loss, Medical Illness, Medication Management, OCD, Panic Disorder, Phobias, Psychotic Disorder, PTSD
Bhutia, Namgyal, MD	Male	
30-16 31st St, Astoria, NY 11102	718.215.0747	Specialties: ADHD/ADD, Alcohol/Substance Abuse, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Depression, Eating Disorder, Medication Management, Psychotic Disorders, PTSD
Bile, Suzanne, NP, MSN	Female	
30-05 30th Ave Ste 200, Astoria, NY 11103 330 W 58th St Ste 203, New York, NY 10019	917.510.3391 212.707.8222	Specialties: ADHD/ADD, Anger Management, Anxiety, Evening Appointments, Bipolar Disorder, Borderline Personality Disorder, Conduct/Disruptive Disorder, Cultural/Ethnic Issues, Depression, Dissociative Disorder, Domestic Violence, Medication Management, Telehealth Offered
Bogetti, Jenna, LMHC, MSED	Female	
330 W 58th St Ste 203, New York, NY 10019	212.707.8222	Specialties: ADHD/ADD, Alcohol/Substance Abuse, Anger Management, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Borderline Personality Disorder, Depression, Eating Disorder, Family Therapy, Gambling Addiction, Gay/Lesbian Issues, Gender Identity, Grief/Loss, Telehealth Offered
Constantinou, Maria, LMFT, MMFT	Female	
330 W 58th St #203, New York, NY 10019	212.707.8222	Specialties: ADHD/ADD, Anxiety Disorder, Appointments–Evening, Appointments–Weekend, EAP: Employee Education, Family Therapy, Fertility Issues, Grief/Loss, Marital/Couples, Medical Illness, Telehealth Offered
De Jacq, Krystyna, NP, MSN	Female	
30-05 30th Ave Ste 200, Astoria, NY 11103 330 W 58th St Ste 203, New York, NY 10019	917.510.3391 212.707.8222	Specialties: ADHD/ADD, Anger Management, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Borderline Personality Disorder, Conduct/Disruptive Disorder, Cultural/Ethnic Issues, Depression, Dissociative Disorder, EAP: Assessment/Referral, Gay/Lesbian Issues, Medication Management, Telehealth Offered
Fernandez, Rosario, NP, MSN	Female	
77 Pondfield Rd, Bronxville, NY 10708	917.510.3391	Specialties: Anxiety, Evening Appointments, Bipolar Disorder, Depression, Medication Management
Galal, Nader, MD, MD	Male	
330 W 58th St #203, New York, NY 10019	212.707.8222	Specialties: Anxiety Disorder, Appointments–Evening, Appointments–Weekend, Bipolar Disorders, Borderline Personality Disorders, Depression, Grief/Loss, Medication Management, Neuropsychological Testing, PTSD, Panic Disorders, Telehealth Offered
Koblentz, Jessica, CP, PSYD	Female	
330 W 58th St #203, New York, NY 10019	212.707.8222	Specialties: Alcohol/Substance Abuse–Self-report, Anxiety Disorder, Depression, Dual Diagnosis, Family Therapy, Grief/Loss, Marital/Couples, PTSD, Sexual Disorders
Lupo, Melinda, LCSW, MSW	Female	
30-16 31st St Ste 1a, Astoria, NY 11102 250 W 57th St Ste 2315, New York, NY 10107	917.992.7628 917.992.7628	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Appointments–Evening, Bipolar Disorders, Depression, Domestic Violence, Family Therapy, Marital/Couples, PTSD, Panic Disorders
Padilla, Christine, PA_C, PA	Female	
77 Pondfield Rd Ste 1f-5, Bronxville, NY 10708	917.510.3391	Specialties: Anxiety, Depression, Medication Management
Rubino, Kimberley, PA_C, PA	Female	
77 Pondfield Rd Ste 1f-5, Bronxville, NY 10708 30-05 30th Ave Ste 200, Astoria, NY 11103	917.510.3391	Specialties: ADHD/ADD, Anger Management, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Borderline Personality Disorder, Conduct/Disruptive Disorder, Cultural/Ethnic Issues, Depression, Dissociative Disorder, Domestic Violence, Gay/Lesbian Issues, Gender Identity, Grief/Loss, Marital/Couples, Medication Management, OCD, Panic Disorders, Phobias, Psychotic Disorders, PTSD, Sexual Abuse/Incest, Sexual Disorders, Telehealth Offered
Santiago-Singer, Damaris, LMHC, MA	Female	
77 Pondfield Rd Ste 1f-5, Bronxville, NY 10708 30-05 30th Ave Ste 200, Astoria, NY 11103	917.510.3391	Specialties: ADHD/ADD, Adoption Issues, AIDS/HIV, Anger Management, Evening Appointments, Bipolar Disorder, Borderline Personality Disorder, Conduct/Disruptive Disorder, Depression, Dissociative Disorder, Dual Diagnosis, Eating Disorder, EMDR Certified, Family Therapy

THE MIND CLINIC (Continued)

Serrato, Denise, LCSW, MSSW	Female	
77 Pondfield Rd Ste 1f-5, Bronxville, NY 10708	917.510.3391	Specialties: ADHD/ADD, AIDS/HIV, Alcohol/Substance Abuse, Anxiety, Bipolar Disorder, Cultural/Ethnic Issues, Depression, Dual Diagnosis, Family Therapy, Gay/Lesbian Issues, Gender Identity, Grief/Loss, Panic Disorders, PTSD, Sexual Abuse/Incest, Sexual Disorders, Telehealth Offered
Smith, Vontaye, NP, MSN	Female	
30-05 30th Ave Ste 200, Astoria, NY 11103 330 W 58th St Ste 203, New York, NY 10019	917.510.3391 212.707.8222	Specialties: ADHD/ADD, Anger Management, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Borderline Personality Disorder, Conduct/Disruptive Disorder, Dissociative Disorder, Domestic Violence, Family Therapy, Gambling Addiction, Medication Management, Telehealth Offered
Tenenbaum, Lynn, LP, PHD	Female	
330 W 58th St Ste 203, New York, NY 10019	212.707.8222	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Bipolar Disorders, Borderline Personality Disorders, Depression, Family Therapy, Gay/Lesbian Issues, Gender Identity, Grief/Loss, Meet and Greet
Warhit, Scott, MD	Male	
330 W 58th St Ste 203, New York, NY 10019	212.707.8222	Specialties: ADHD/ADD, Anxiety, Depression, Medication Management, Panic Disorder
Zerling, Carrie, LCSW-R, MSW	Female	
330 W 58th St Ste 203, New York, NY 10019 30-05 30th Ave Ste 200, Astoria, NY 11103 77 Pondfield Rd Ste 1f-5, Bronxville, NY 10708	212.707.8222 917.510.3391	Specialties: Anger Management, Anxiety, Evening/Weekend Appointments, Depression, Family Therapy, Gay/Lesbian Issues, Grief/Loss, Marital/Couples, Panic Disorders, PTSD, Sexual Abuse/Incest
Zuewski, Daniel, LCSW, MSW	Male	
30-05 30th Ave Ste 200, Astoria, NY 11103	917.510.3391	Specialties: ADHD/ADD, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Panic Disorder
SOHO MEDICAL DOCTORS PLLC		
Alcantara, Ron-Marvin, APN, MSN	Male	
321 Grove St 2nd FL, Jersey City, NJ 07302 110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Depression, EAP: Assessment/Referral, Medication Management, Obsessive Compulsive Disorder (OCD)
Bello, Justine, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, EAP: Assessment/Referral, Medication Management, Telehealth Offered
Bowden, Hillary, LMHC, MSED	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Depression, Telehealth Offered
Cardinal, Melissa, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013 321 Grove St 2nd FL, Jersey City, NJ 07302	212.369.6757 212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Appointments-Evening, Bipolar Disorders, Borderline Personality Disorders, Depression, Dissociative Disorder, Medication Management, Obsessive Compulsive Disorder (OCD), PTSD, Psychotic Disorders, Telehealth Offered
Casper, Caroline, LCSW, MSW	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Depression, Panic Disorder, Telehealth Offered
Clark, Allison K, NP, DNP	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Bipolar Disorders, Depression, Medication Management, Telehealth Offered
Delaney, Erin, NP, DNP	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Bipolar Disorders, Borderline Personality Disorders, Conduct/Disruptive Disorder, Depression, Dissociative Disorder, Eating Disorder, Faith-based Counseling, Gay/Lesbian Issues, Gender Identity, Medication Management, Telehealth Offered
Dennis, Heather, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, EAP: Assessment/Referral, Medication Management, Telehealth Offered
Ely, Mariah, LCSW, MSW	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: Adoption Issues, Anger Management, Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Depression, Domestic Violence, EAP: Assessment/Referral, EAP: Management Referrals, Family Therapy, Marital/Couples, Maternal Mental Health, Sexual Abuse/Incest
Esterman, Jacklyn, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: Medical Illness, Medication Management
Fancher, Taylor, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety, Depression, Medication Management, Obsessive Compulsive Disorder (OCD), Telehealth Offered
Gonzalez, Shanna, LCSW, MSW	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: Anger Management, Anxiety Disorder, Bipolar Disorders, Marital/Couples

SOHO MEDICAL DOCTORS PLLC (Continued)

Hilt, Shayla, LCSW, MSW	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: Anger Management, Anxiety, Bipolar Disorder, Depression, Marital/Couples, Telehealth Offered
Hwang, Shanda, NP, MSN	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Appointments-Evening, Bipolar Disorders, Borderline Personality Disorders, Depression, Medication Management, Obsessive Compulsive Disorder (OCD), PTSD, Panic Disorders, Psychotic Disorders, Telehealth Offered
Jacobs, Christina, NP, MSN	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Bipolar Disorders, Borderline Personality Disorders, Depression, Dissociative Disorder, Medication Management, Obsessive Compulsive Disorder (OCD), PTSD, Psychotic Disorders, Telehealth Offered
Jospitre, Jacques, MD, MD	Male	
321 Grove St 2nd Fl, Jersey City, NJ 07302	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Bipolar Disorders, Borderline Personality Disorders, Conduct/Disruptive Disorder, Depression, Dissociative Disorder, Medication Management, Obsessive Compulsive Disorder (OCD), PTSD, Panic Disorders, Psychotic Disorders, Telehealth Offered
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	
Keith, Amanda, LCSW, MSW	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: Anger Management, Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Bipolar Disorders, Depression, Telehealth Offered
Kempner, Robin, LCSW, MSW	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Depression, Telehealth Offered
Khan, Sidrah LCSW, MSW	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety, Depression, Telehealth
Kryszak, Amy M, LCSW, MSW	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: Anger Management, Anxiety Disorder, Bipolar Disorders, Depression, Phobias
Larkin, Adam, LCSW, MSW	Male	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Depression, Family Therapy
Lee, Nancy, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, Medication Management, PTSD, Telehealth Offered
Malugin, Bethany, ANP, MSN	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: Anxiety Disorder, Bipolar Disorders, Depression, Medication Management, Obsessive Compulsive Disorder (OCD), Panic Disorders, PTSD
Martinez, Adriana, LCSW, MSW	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Depression, Telehealth Only
Meehan, Kimberly, CRNP, MSN	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Appointments-Evening, Bipolar Disorders, Borderline Personality Disorders, Depression, Obsessive Compulsive Disorder (OCD), PTSD, Panic Disorders, Phobias, Telehealth Offered
Mercado, Gloribell, LCSW, MSW	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Bipolar Disorders, Depression
321 Grove St 2nd Fl, Jersey City, NJ 07302	212.369.6757	
Miller, Emily, LCSW, DSW	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety, Evening/Weekend Appointments, Bipolar Disorder, Depression, Panic Disorder, Telehealth
Milner, Lee, NP, MSN	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Appointments-Evening, Bipolar Disorders, Borderline Personality Disorders, Depression, Medication Management, Obsessive Compulsive Disorder (OCD), PTSD, Psychotic Disorders, Telehealth Offered
Murray, Victoria, LCSW, MSW	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: Medical Illness, Telehealth Offered
321 Grove St 2nd Fl, Jersey City, NJ 07302	212.369.6757	
Orji, Uzoamaka, APN, MSN	Female	
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Appointments-Evening, Bipolar Disorders, Borderline Personality Disorders, Depression, Dissociative Disorder, Medication Management, Obsessive Compulsive Disorder (OCD), PTSD, Panic Disorders, Psychotic Disorders, Telehealth Offered
321 Grove St 2nd Fl, Jersey City, NJ 07302	212.369.6757	
Parveen, Tahmina, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, Medication Management, Telehealth Offered
Romanovsky, Yevgenia, NP, MSN	Female	
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, EAP: Assessment/Referral, Medication Management, Telehealth Offered

SOHO MEDICAL DOCTORS PLCC (Continued)

Ronde, Stefanie, LCSW, MSW	Female		
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Depression, Telehealth Offered	
Salwa, Roman, LCSW, MSW	Male		
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, Telehealth Offered	
Schmitteckert, Tonie, NP, MSN	Female		
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Bipolar Disorders, Depression, EAP: Assessment/Referral, Grief/Loss, Obsessive Compulsive Disorder (OCD), PTSD, Panic Disorders, Psychological Testing, Telehealth Offered	
Serrato, Denise, LCSW, MSSW	Female		
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, AIDS/HIV, Alcohol/Substance Abuse-Self-report, Anxiety Disorder, Bipolar Disorders, Cultural/Ethnic Issues, Depression, Dual Diagnosis, Family Therapy, Gay/Lesbian Issues, Gender Identity, Grief/Loss, Panic Disorders, PTSD, Sexual Abuse/Incest, Sexual Disorders, Telehealth Offered	
Simon, Tenisha, NP, MSN	Female		
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Appointments-Evening, Borderline Personality Disorders, Depression, Dissociative Disorder, EAP: Management Referrals, Eating Disorder, Meet and Greet, Obsessive Compulsive Disorder (OCD), PTSD, Phobias, Psychotic Disorders, Telehealth Offered	
Temple, Laura, NP, MSN	Female		
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, EAP: Assessment/Referral, Medication Management	
Van-Lare, Julie, NP, MSN	Female		
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Depression, Medication Management, Telehealth Offered	
Varghese, Siji, NP, MSN	Female		
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Appointments-Evening, Appointments-Weekend, Depression, Medication Management	
Weston, Robert, NP, MSN	Male		
110 Lafayette St 5th Fl, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anger Management, Anxiety Disorder, Appointments-Evening, Bipolar Disorders, Borderline Personality Disorders, Depression, Dissociative Disorder, Medication Management, Obsessive Compulsive Disorder (OCD), PTSD, Panic Disorders, Telehealth Offered	
Wong, Elita, NP, MSN	Female		
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety Disorder, Evening/Weekend Appointments, Depression, EAP: Assessment/Referral, Medication Management, Telehealth Offered	
Yoon, Shanda, NP, MSN	Female		
110 Lafayette St 5th FL, New York, NY 10013	212.369.6757	Specialties: ADHD/ADD, Anxiety, Evening appts, Bipolar Disorder, Borderline Personality Disorder, Depression, Medication Management, OCD, Panic Disorder, Psychotic Disorder, PTSD, Telehealth	
INDIVIDUAL PROVIDERS			
Bergman, Ira, MD, MD	Male		
1160 Park Ave Ste 1e, New York, NY 10128	212.289.4128	Specialties: ADHD/ADD, Disability Man/Ind. Med. Examiners, Disability Man/Return-to-work, Family Therapy, IP Consult-MD (Cpt 99251-99255), Inpatient Attending, Marital/Couples, Medication Management, Telehealth Offered	
Hughes, Timothy, LP, PSYD	Male		
928 Broadway Ste 300, New York, NY 10010	212.203.7545	Specialties: ADHD/ADD, Anger Management, Appointments-Evening, Developmental Disorder, Dual Diagnosis, Family Therapy, Gay/Lesbian Issues, Gender Identity, Medical Illness, Obsessive Compulsive Disorder (OCD), PTSD	
Mekles, Todd, MD	Male		
169 E 74th St, New York, NY 10021	917.747.8780	Specialties: ADHD/ADD, Anger Management, Bipolar Disorders, Depression, Domestic Violence, Gay/Lesbian Issues, Grief/Loss, Inpatient Attending, Mat: Buprenorphine/Suboxone, Obsessive Compulsive Disorder (OCD), Panic Disorders, PTSD, Telehealth Offered	
Spirit, Sheri, MD, MD	Female		
16 E 96th St Ste 1a, New York, NY 10128	212.595.6901	Specialties: ADHD/ADD, Anxiety Disorder, Appointments-Evening, Bipolar Disorders, Borderline Personality Disorders, Depression, Medical Illness, Medication Management, Obsessive Compulsive Disorder (OCD), Panic Disorders, Psychotic Disorders	

NEW YORK MEDICAL BEHAVIORAL HEALTH SERVICES

195 Chrystie St Ste 801a, New York, NY 10002
18 E 48th St Ste 1202, New York, NY 10017
340 Trinity Pl, Malverne, NY 11565
125 E 23rd St Ste 501, New York, NY 10010
1123 Broadway Ste 923, New York, NY 10010
548 Throgs Neck Expy Ste 4, Bronx, NY 10465
34 Plaza St E, Brooklyn, NY 11238
4151 E 11th St 4th FL, New York, NY 10009
115 Broadway Ste 1800, New York, NY 10006
19 W 34th St, New York, NY 10001
53 Bridge St Ste 304, Brooklyn, NY 11201
138 W 25th St, New York, NY 10001
27 E 22nd St Ste 3, New York, NY 10001
140 Riverside Dr Ste 1a, New York, NY 10024
155 W 81st St Ste 5e, New York, NY 10024
155 W 91st St Ste 1d, New York, NY 10028
30 W 86th St Ste 1f, New York, NY 10024
443a E 87th St, New York, NY 10128
51 E 25th St 5th FL Ste 6, New York, NY 10010
145 W 86th St Ste 1b, New York, NY 10024
3005 Church Ave 2nd FL, Brooklyn, NY 11226
7 W 30th St 11th FL, New York, NY 10001
114 E 25th St, New York, NY 10010
352 7th Ave Ste 1201, New York, NY 10010
95 Pierrepont St, Brooklyn, NY 11201
633 3rd Ave Ste 9b, New York, NY 10017
170 W 73rd St, New York, NY 10023
225 Broadway Ste 2130, New York, NY 10007
24220 90th Ave Ste 9b, Bellerose, NY 11426
147 Front St Rm 212, Brooklyn, NY 11201
1082 Victory Blvd, Staten Island, NY 10301

646.453.6777

Appointments can be made through the web site www.Headway.co/Cigna or by phone (646.453.6777).

Access the complete directory of in-network behavioral therapists at myCigna.com. Or call 800.Cigna24.



* Behavioral health and/or substance use disorder services covered under your health plan may be subject to your plan's deductible, coinsurance and/or copay requirements. Prior authorization may be required for certain services, including for inpatient and certain outpatient services. Review your plan documents for costs and complete details of coverage.

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